



# CUSTOMER ORDER LIST

## Ordering Information



- Please submit order requests at least 1-2 weeks in advance via e-mail to [orders@zufreeden.ch](mailto:orders@zufreeden.ch)
- Products are subject to availability
- Order confirmation will be provided within 3 days
- Please specify:
  - Desired product & quantity
  - Frozen?
  - Pre-cut?
  - Desired pick-up day and time (within times listed below)
- Self-collection from our Café only on 

Weds - Fri	10:00 - 16:30
Sat	12:00 - 15:30
- Payment to be made upon collection (card / Twint / cash)
- Please note that we only provide packaging for transport, but do not provide materials on which to serve our products
- Custom cakes may be possible in the future, but at the moment are not on offer
- Allergens: For easier overview, go to [our allergen chart](#)
- All of our meat products are Swiss and are either Bio or IP Suisse label

## Desserts

Product	Allergen Information	Option	Price per unit (CHF)
<p><b>Apfel-Zimt Muffin / Apple cinnamon muffin</b></p> 	<p>Vegan</p> <p>Contains almonds, soy</p>	<p>Muffin</p> <p>Mini muffin</p>	<p>4.00</p> <p>1.90</p>
<p><b>Aprikose-Nuss Törtli Jackie's Glutenfreie Bäckerei / Apricot Nut Tart</b></p> 	<p>Vegan</p> <p>Contains hazelnuts</p>	<p>Tart</p>	<p>6.00</p>
<p><b>Bananenbrot / Banana bread</b></p> 	<p>Contains lactose-free milk, almonds, eggs</p>	<p>Slice</p> <p>Muffin</p> <p>Entire loaf (9-10 slices)</p>	<p>4.00</p> <p>3.50</p> <p>35.00</p>

## Desserts

Product	Allergen Information	Option	Price per unit (CHF)
<p><b>Brownie mit Walnüssen / Brownie with walnuts</b></p> 	<p>Contains butter, eggs, walnuts</p>	<p>Piece (~6 x 6cm)</p>	<p>4.10</p>
<p><b>Beerenecke / Blueberry millet square</b></p> 	<p>Vegan</p> <p>Contains almonds &amp; sulfites</p>	<p>Square (~5.5 x 5.5cm)</p>	<p>5.00</p>
<p><b>Heidelbeer Muffin / Blueberry muffin</b></p>	<p>Vegan</p> <p>Contains almonds, soy</p>	<p>Muffin</p> <p>Mini muffin</p>	<p>4.80</p> <p>1.90</p>
<p><b>Rüebli Muffin / Carrot cake muffin</b></p> 	<p>Vegan</p> <p>Contains walnuts</p>	<p>Muffin</p> <p>Mini muffin</p>	<p>3.60</p> <p>1.60</p>

## Desserts

Product	Allergen Information	Option	Price per unit (CHF)
<p>Käsekuchen - NY (Vanille) / Cheesecake - NY (Vanilla)</p> 	<p>Contains eggs, lactose-free milk, soy</p>	<p>Entire cake 20cm (10 slices) Pre-slice fee</p>	<p>40.00  4.00</p>
<p>Käsekuchen - Schoko / Cheesecake - Chocolate</p> 	<p>Contains milk, soy</p>	<p>Entire cake 20cm (10 slices) Pre-slice fee</p>	<p>40.00  4.00</p>
<p>Chocolate chip cookie</p> 	<p>Contains eggs, butter, soy</p>	<p>Cookie Box of 20 cookies</p>	<p>2.00 35.00</p>
<p>Schoko Muffin / Chocolate muffin</p>	<p>Vegan  Contains soy</p>	<p>Muffin Mini muffin</p>	<p>3.40 1.50</p>


## Desserts

Product	Allergen Information	Option	Price per unit (CHF)
<p style="text-align: center;"><b>Zimtkuchen / Cinnamon coffee cake</b></p> 	<p>Vegan</p> <p>Contains almonds, soy</p>	<p>Piece (~6 x 6cm)</p>	<p>4.40</p>
<p><b>Galaxy cookie (black cocoa and white chocolate)</b></p> 	<p>Contains butter, milk</p>	<p>Cookie</p> <p>Box of 20 cookies</p>	<p>3.20</p> <p>55.00</p>
<p><b>Linzertörtli (Jackie's Glutenfreie Bäckerei) / Raspberry jam tart</b></p> 	<p>Vegan</p> <p>Contains hazelnuts</p>	<p>Tart</p>	<p>6.00</p>



## Desserts

Product	Allergen Information	Option	Price per unit (CHF)
<p>Marmorkuchen / Marble cake</p> 	<p>Contains butter, eggs, lactose-free cream</p>	<p>Slice Entire loaf (9-10 slices)</p>	<p>4.50 38.00</p>
<p>Matcha Weisse Schokolade Kekse / Matcha white chocolate cookie</p> 	<p>Contains butter, milk, eggs</p>	<p>Cookie Box of 20 cookies</p>	<p>2.50 45.00</p>
<p>Pfirsich-Zimtkuchen / Peach cinnamon coffee cake</p>	<p>Vegan  Contains almonds, soy</p>	<p>Piece (~6 x 6cm)</p>	<p>4.90</p>
<p>Erdnussbutter Kekse / Peanut butter cookie</p>	<p>Dairy-free  Contains peanuts, eggs</p>	<p>Cookie Box of 20 cookies</p>	<p>2.20 38.00</p>

## Desserts

Product	Allergen Information	Option	Price per unit (CHF)
<p data-bbox="201 363 451 453"><b>Himbeer Muffin / Raspberry muffin</b></p> 	<p data-bbox="550 363 639 394">Vegan</p> <p data-bbox="550 478 862 510">Contains almonds, soy</p>	<p data-bbox="977 363 1066 394">Muffin</p> <p data-bbox="977 422 1138 453">Mini muffin</p>	<p data-bbox="1325 363 1390 394">4.50</p> <p data-bbox="1325 422 1390 453">1.90</p>

## Breakfast Pots

Product	Allergen Information	Unit of sale	Price per unit
<p><b>Bircher muesli / Swiss overnight oats with milk, berries, apple and banana</b></p> 	<p>Lactose-free</p> <p>Contains oats (certified gluten-free), lactose-free milk, sulfites</p>	<p>Bowl 200g</p>	<p>5.40</p>
<p><b>Kokosnuss Chiasamen Pudding / Coconut chia pudding</b></p> 	<p>Vegan</p> <p>Contains almonds</p>	<p>Bowl 180g</p>	<p>5.50</p>






## Breads

Product	Allergen Information	Unit of sale	Price per unit
<p><b>Buchweizenbrötli / Buckwheat bun with pumpkin seeds</b></p> 	<p>Vegan</p> <p>Contains soy</p>	<p>Bun</p>	<p>3.00</p>
<p><b>Ciabatta</b></p>  	<p>Vegan</p>	<p>Flatbread</p> <p>Bun</p>	<p>2.10</p> <p>2.10</p>
<p><b>Schoggibrötli / Chocolate chip breakfast bun</b></p> 	<p>Contains butter, lactose-free milk, eggs, soy</p>	<p>Bun</p>	<p>3.00</p>

## Breads

Product	Allergen Information	Unit of sale	Price per unit
<p><b>Mohnbrötli / Poppy seed bun</b></p> 	<p>Contains lactose-free milk</p>	<p>Bun</p>	<p>3.20</p>
<p><b>Brezeli / Pretzel</b></p> 	<p>Contains butter</p>	<p>Pretzel 70g Roll 70g</p>	<p>3.20 3.20</p>
<p><b>Brezeli mit Käse / Pretzel with cheese</b></p> 	<p>Contains butter, lactose-free cheese</p>	<p>Pretzel 70g</p>	<p>3.40</p>
<p><b>Butterbrezeli / Pretzel with piped salted butter inside</b></p> 	<p>Contains butter</p>	<p>Pretzel</p>	<p>3.70</p>





## Breads

Product	Allergen Information	Unit of sale	Price per unit
<p style="text-align: center;"><b>Ruchbrot / Rustic wholegrain loaf</b></p> 	<p>Vegan</p>	<p>Small round loaf 330g Large round loaf 765g Pre-sliced on request</p>	<p>7.20 11.00 2.00</p>
<p style="text-align: center;"><b>Körnerbrot / Seeded wholegrain loaf</b></p> 	<p>Vegan  Contains sesame</p>	<p>Large rectangular loaf 815g Pre-sliced on request</p>	<p>12.80  2.00</p>
<p style="text-align: center;"><b>Zöpfli / Yeasted individual butter braid</b></p> 	<p>Contains eggs, butter, lactose-free milk</p>	<p>Piece</p>	<p>3.80</p>


## Sandwiches

Product	Allergen Information	Bread Choice	Price per unit
<p><b>Brie</b></p> 	Contains butter, lactose-free brie, mustard	Ciabatta Pretzel	6.40 8.00
<p><b>Curry Poulet / Curried chicken salad</b></p> 	Dairy-free  Contains eggs, mustard	Ciabatta Poppy seed bun	9.20 9.20
<p><b>Eier Salat / Egg salad</b></p> 	Dairy-free  Contains eggs, mustard	Ciabatta	7.00
<p><b>Gegrilltes Gruyère* / Grilled cheese*</b></p> <p>*to grill at home</p> 	Contains butter, eggs, lactose-free cheese, mustard, sesame	Sandwich	10.00

## Sandwiches

Product	Allergen Information	Bread Choice	Price per unit
<p style="text-align: center;"><b>Salami</b></p> 	<p>Contains eggs, mustard, lactose-free milk</p>	<p>Poppy seed bun Pretzel</p>	<p>7.50 8.00</p>
<p style="text-align: center;"><b>Schinken Käse / Ham and cheese</b></p> 	<p>Lactose-free  Contains dairy, eggs</p>	<p>Ciabatta</p>	<p>8.20</p>
<p style="text-align: center;"><b>Tomato mozzarella</b></p> 	<p>Contains butter, lactose-free mozzarella</p>	<p>Ciabatta</p>	<p>9.00</p>
<p style="text-align: center;"><b>Vegan camembert</b></p> 	<p>Vegan  Contains celery, mustard, cashews</p>	<p>Buckwheat bun</p>	<p>10.00</p>


## Sandwiches

Product	Allergen Information	Bread Choice	Price per unit
<p><b>Vegan Lachs</b> (geräucherte Karotten) / <b>Vegan "salmon"</b> (smoked carrot)</p> 	<p>Vegan</p>	<p>Buckwheat bun</p>	<p>9.20</p>
<p><b>Vegan</b> <b>Currykichererbsen /</b> <b>Vegan curried</b> <b>chickpea</b></p> 	<p>Vegan</p> <p>Contains mustard, sulfites</p>	<p>Ciabatta</p>	<p>8.00</p>
<p><b>Vegan "Eier Salat"</b> (Tofu) / <b>Vegan "egg salad"</b> (tofu)</p> 	<p>Vegan</p> <p>Contains soy, mustard, celery, sulfites</p>	<p>Ciabatta</p>	<p>7.50</p>

## Wähe (Cheese Tart)

Product	Allergen Information	Unit of sale	Price per unit
<b>Spinat, Zwiebeln &amp; Käse / Spinach, onion &amp; cheese</b> 	Contains butter, eggs, lactose-free milk	Piece Entire tart 28cm Pre-cut fee	6.70 45.00 2.00
<b>Käse / Cheese</b>	Contains butter, eggs, lactose-free milk	Piece Entire tart 28cm Pre-cut fee	6.30 42.00 2.00
<b>Lauch &amp; Käse / Leek &amp; cheese</b>	Contains butter, eggs, lactose-free milk	Piece Entire tart 28cm Pre-cut fee	6.50 45.00 2.00
<b>Chäschüechli / Cheese mini</b> 	Contains butter, eggs, lactose-free milk	Tart 9cm 10 tarts	4.40 40.00
<b>Chäschüechli Lauch &amp; Speck / Cheese, leek &amp; bacon mini</b>	Contains butter, eggs, lactose-free milk	Tart 9cm 10 tarts	4.60 40.00

## Packaged Products

Product	Allergen Information	Unit of sale	Price per unit
<b>Kaffeeguetzli / Butter cookie mini (ideal with coffee/tea)</b> 	Contains butter, eggs	Package of 15 cookies	8.00
<b>Knoblauch-Kräuter Croutons / Garlic herb wholegrain croutons</b>	Vegan	Package 75g	6.50